

# Economy Inclusive Package

## Breakfast (7am-11am)

*One plate per person, per day.*

**Continental Breakfast** - Fresh Fruits, Baguette and Homemade Bread

**Gallo Pinto and Eggs** - Served with Corn Tortillas and Fried Plantains

**Homestyle Breakfast** – 2 Eggs, Homefries and Wheat or White Bread

**French Toast** – Served with Fruit

**2 Pancakes** – Served with Fruit

**Tico Breakfast Burrito** – Scrambled Eggs, Gallo Pinto, Salsa with Fruit

**Bacon, Egg & Cheese Sandwich** – White or Wheat Bread with Fruit

## Lunch (11am-4pm)

*One plate per person, per day.*

**Costa Rican Typical Casado Plate** - Choice of Fish, Chicken or Bistek, with Green Salad, Red Beans, Rice and Fried Plantains

**Grilled Cheese Sandwich** – Served with Fries

**Poseidon Green Salad** – With Lettuce, Tomato, Cucumber, Carrots and Beets

**Quesadilla** – Flour Tortilla filled with Cheese and Green Onion.

**Chicken Fingers** – Served with Fries and Honey Mustard Sauce

**Fish Fingers** – Served with Fries

**Rice with Chicken** – Served with French Fries and Green Salad

**Rice with Shrimp** – Served with French Fries and Green Salad

## **Dinner** (5pm-9:30pm)

*One plate per person, per day.*

**Costa Rican Typical Casado Plate** - Choice of Fish, Chicken or Bistek, with Green Salad, Red Beans, Rice and Fried Plantains

**Rice with Chicken** – Served with French Fries and Green Salad

**Rice with Shrimp** – Served with French Fries and Green Salad

**Pesto Fettuccini** – Vegetarian delight with Fresh Pesto Sauce

### **Non Alcoholic Drinks Included:**

Coke, Coke Light, Sprite, Fanta, Gingerale, Fresca, Club Soda  
Iced Tea

Orange Juice and Natural Juices

Coffee

(Smoothies not included)

### **Alcoholic Drinks Included: (10am-9:30pm)**

House Brand Vodka, Rum, Tequila, Whiskey and Guaro Cocktails

Wine

(Beer not included)

### **Menu for Children 2 and Under with Paying Adults**

#### ***Breakfast:***

**Kids Breakfast Pinto Plate** – Small Rice and Beans with 1 Egg

**Fruit Plate** – Variety of mixed local fruits

**Egg and Toast** – 1 Egg and White or Wheat Toast

#### ***Lunch:***

**Grilled Cheese Sandwich** – Served with Fruit

**Hot Dog** – Served with Fries

#### ***Dinner:***

**Chicken Fingers** – Served with Fries

**Chicken Breast Pieces** – Grilled and served with Vegetables and Rice

**Pasta** – Served with Butter and Parmesan Cheese

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